

IN *Her* POWER

PACKAGES AND SERVICES

1:1 Soulful life

or

Business 3-hour coaching intensive

The 3 hours are broken up into Personal, Practical + Powerful, so the first hour is all about YOU and from there we will dive into the practical side covering what you've shared through your pre coaching questionnaire (or as much as possible) with potential actions to take forward and the final hour of power is about implementation so together we will actually take some action, that could be going through your website and making some changes, drafting up some copy or content that you need, sending a few important emails or it could be saying out loud what you really need to know, asking for what you want or stepping into your power - anything that is going to really shift things and have you walking away feeling not just clearer and empowered but also IN the energy vibration you are trying to create for yourself in both your life and business.

While this beautiful structure is here, these sessions are very unique to each person and as I also tap into your energy and ask for guidance on what you most need, they can move and flow in multiple directions. We stay open to the magic that is YOURS!

Is this for me?

These sessions are fantastic for those who have big dreams, ideas, projects and/or potential blocks and beliefs that needs some love and attention, strategy and a side serve of soul and/or some real talk and action steps to shift into their power.

Your Financial Investment

Introductory offer 1 payment of \$599 (this coaching is valued at over \$900) upfront payment

YOU CAN BOOK YOUR SOULFUL INTENSIVE HERE!

IN *Her* POWER

PACKAGES AND SERVICES

*The woman within and her business:
1:1 coaching L Her in 3 or 6 months*

My signature style of coaching, cultivated over the last 3 years of working with women from all over the world. Developed to invite women on a deep, powerful and life-altering journey where THEY are the fierce and feminine leaders of their own life and experiences.

It is here where we tap into your inner voice, unlock the parts of yourself that have been hidden, dulled down or kept small and support you to shine brightly as your fullest and truest self. We leave no stone unturned and no words unsaid. Our work is intense, uncomfortable and wildly beautiful, just as you are.

These series can include a range of different focuses, tools and techniques unique to you and what you most need at the time of our coaching. I incorporate intuitive guidance, higher vision work, soulful strategies and build a series around what each client most wants and needs within themselves and their beautiful business.

There is also full voxer app support between sessions for extra conversations and a deeper level of connection and a shared folder for resources and interactive work within a series.

Your Financial Investment

My coaching packages are \$640 AUD per month. Currently clients can choose to have a 3, 6 month plus series.* Fortnightly or monthly payments available.

YOU CAN BOOK YOUR 1:1 COACHING HERE!

* The length of a series depends on your goals and what you hope to achieve within a certain timeframe. Growth both personal and professional is a process, a journey and it is up to you what you want that to look like.